Time							
7:00 - 8:00am Breakfast	**Spruce Head**	**Owls Head**	**Schooner**	**Camden**	**Pen Bay**		
8:00 - 9:00am Session 1	Cultural Competency in Counseling - Identifying & working through blind spots & barriers in treatment	When Grief Calls	"If administrators just knew at all what our job was, that would be great": Role definition and advocacy for school counselors	When Virtual Becomes the Reality - Creating Meaningful Connections Despite a Pandemic	The Impact of Physical Activity, Screen-Based Behaviors, and Wellness Among Counselors in Training and Professional Counselors		
9:10 - 10:10am Session 2	Cultivating Creativity in the Classroom	Conditions That Influence Home-Based Counselors in the Rural Setting	Student Athletes Coping with Transitions	Update from FAME and the World of Financial Aid	Strategies to Provide Quality Mental Health Services to LGBTQ+ Youth		
10:20 - 11: 00am	Vendor Reception/Coffee Break						
11:00am - 12: 00pm Keynote	Keynote Speaker:	Building Personal and Professional Resiliency: Trauma Responsive Self Care					
12:00 - 1:00pm	Lunch						
1:10 - 2:10pm Session 3	Building Personal and Professional Resiliency: Trauma Responsive Self Care	Credits with a Purpose: Early College in Maine	Tourette Syndrome: How to support the client and family	The Work-Life Balance Assessment: A new card sort tool for helping clients prioritize career & personal values	Telemental health in 2022: Ethical considerations for meeting with clients virtually		
2:20 - 3:20 pm Session 4	Yoga, the 12 Steps, and the Practice Bhakti in Recovery	Maine Academy of Sciences Threshold Program: Reconnecting Young Adults to Their Education	Ethical Practice in Challenging Times: Is the pandemic and social climate affecting your ethical practice?	Nonsuicidal Self-Injury and its Complex Relationship to Suicide			
3:30 - 4:30 pm	Business Meeting						