

MeCA Conference List 2021

Block 1 Sessions: Starts 8:00 am - Ends 9:00 am

(Please make sure to be logged in 5 minutes before the session start time)

The Power of Vulnerability and Authenticity - Mary Gagnon, M.A.,
NBCC Category 1 Presenter, Content Area 1 Counseling Theory and Practice

Transition to College for Students With Disabilities - Tammy Nelson, M.A, M.Ed
NBCC Category 2 Presenter, Content Area 5 Career Development and Counseling

The Threshold Program: Re-engaging chronically absent and dropped out students using a home-visiting relational model. - Rebecca Dennison, LMSW, Emanuel Pariser
NBCC Category 2 Presenter, Content Area 5 Career Development and Counseling

The Ethics of Impairment - Dr. Jade Letourneau, Ph D, Dr. Kristen Lister, Ph D
NBCC Category 1 Presenter, Content Area 1 Counseling Theory and Practice

Block 2 Sessions: Starts 9:15 am - Ends 10:15 am

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Suicide Prevention: Connecting Every Student - Angela Avery, M.Ed,
NBCC Category 1 Presenter, Content Area 1 Counseling Theory and Practice

A Narrative Inquiry of the Diet and Its Connection to Mood in Women - Mallory Lavoie, BS, Dr, Jade Letourneau, Ph D,
NBCC Category 1 Presenter, Content Area 1 Counseling Theory and Practice

FAFSA Simplification in Coming! - Mila Tappan, B.A.
NBCC Category 3 Presenter, Content Area 5 Career Development and Counseling

Using the US Department of Labor's ONET Website for Career Exploration - Jim Peacock, M.Ed,
NBCC Category 2 Presenter, Content Area 5 Career Development and Counseling

Starts 10:30 am - Ends 11:30 am Keynote Speaker:

The Confidence Crisis: What 10,678 Girls Think about Stress, Social Media, School, Self-Esteem and Their Futures - Dr. Lisa Hinkelman, Ph.D,
NBCC Category 1 Presenter, Content Area 1 Counseling Theory and Practice

Block 3 Sessions: Starts 12:00 pm - Ends 1:00 pm

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Selfies, Snaps, Sexts and Self-Esteem... The Tongue-Twisting World of Girls and Social Media - Dr. Lisa Hinkleman, Ph.D,
NBCC Category 1 Presenter, Content Area 1 Counseling Theory and Practice

Beyond Digital Ethics: Post-humanist Considerations - Dr. John Yasechak, Ed.D,
NBCC Category 1 Presenter, Content Area 1 Counseling Theory and Practice

Setting Students Up for Success: Building Assets, Reducing Risks (BARR) in Maine - Rachel Olinger Steeves, Ph.D, LCPC, Rob Metz, M.Ed,
NBCC Category 1 Presenter, Content Area 2 Human Growth and Development

Providing Informed Quality Mental Health Services to LGBTQ Youth and Families - Sue Campbell, BS - BA
NBCC Category 3 Presenter, Content Area 2 Human Growth and Development

Block 4 Sessions: Start 1:15 pm - End 2:15 pm
(Please make sure to be logged in 5 minutes before the session start time)

Working Together: Collaborative and Cross-Campus Programs in the University of Maine System - Lisa Ellrich, M.S, M.A., Sue White, M.Ed, C.A.S., Sarah Braun, M.A., M.S., Dr. Brandy Finck, Ed. D,
NBCC Category 2 Presenters, Content Area 5 Career Development and Counseling

Balancing Technology and Mental Health Among Youth During a Global Pandemic - Dr. Jeff McCarthy, Ph.D
NBCC Category 1 Presenter, Content Area 1 Counseling Theory and Practice

Accessible Online Learning: Using Online Classes to Teach Independent Living Skills to Individuals with Intellectual Disabilities and Autism - Dr. Anne Ryan, Ed.D,
NBCC Category 2 Presenter, Content Area 5 Career Development and Counseling

Not Just Blowing Smoke: Teens, Vaping, and E-Cigarettes - Hawa Shir, B.S.,
NBCC Category 3 Presenter, Content Area 9 Wellness and Prevention

Live Zoom Business Meeting: Start 2:30 pm - End 4:00 pm
(Please make sure to be logged in 5 minutes before the session start time) **(Agenda)**